

Fall into Romance

Five diverse and idyllic destinations perfect for stealing away with your other half this season by SHELBIE LANDRY and ALISON LEWIS

FROM HIKING AND EXPLORATION to wine tasting and spa treatments, Healthy Travel has gone coast to coast to help you find the most romantic vacation resorts for two, regardless of the occasion, destination or activity preference, these resorts offer an escape from the harried and hectic and the chance to reconnect and relax with the one you love.

1. ST. THOMAS, US VIRGIN ISLANDS

Featuring gorgeous views, world-class dining and a new romance package, Frenchman's Reef & Morning Star Marriott Beach Resort promises an unforgettable island escape complete with Caribbean views and tropical sun. With the romance package, couples can share Champagne and fresh fruit upon arrival, a buffet breakfast each morning and a dinner at one of the resort's signature restaurants. Choose the Royal Suite, a bi-level, loft-style bedroom with outdoor balcony space, separate bath and shower, a whirlpool and a sofa bed, or the Morning Star Villa with a beachside view. (340) 776-8500; marriott.com

2. LAKE ARROWHEAD, CALIFORNIA

At Lake Arrowhead Resort and Spa, guests will enjoy a rustic retreat complete with hiking trails, hot springs, spa days and a Fall in Love package for two. After arriving in one of the lakeview guest rooms, couples can enjoy the spectacular scenery

over a bottle of sparkling wine and chocolates, daily breakfasts throughout their stay and a photo frame memento of their romantic visit. Start your day with an easy hike on the Goat Trail in the San Bernardino National Forest. The trail will lead you to dip your toes in the Deep Creek Hot Springs and take in stunning views of the surrounding mountain range. Upon return to the resort, soothe any sore muscles at the Spa of the Pines with a custom couples massage or body treatment that incorporates indigenous natural plants and scents such as pine, sage, lilac and holly. Wind down at sunset on a chartered boat tour of the lake. As vou pull into the resort's dock, make a stop on the beach for a well-deserved s'more by the fire, followed by a romantic dinner with panoramic lake VIEWS. (909) 336-1511; lakearrowheadresort.com

3. MONTAUK, NEW YORK

With its ocean views, world-renowned spa and therapeutic pools, the newly renovated Gurney's Montauk Resort and Seawater Spa offers couples the optimum in luxury relaxation. Listed as one of Vogue magazine's "world's best spa resorts" and also a prime wedding destination, the resort's tradition for romance and seclusion with a Hamptons flair is sure to please anyone. (631) 66-2345; gurneysinn.com

4. NEWBERG, OREGON

At The Allison Inn & Spa, couples are

invited to revel in the natural beauty of Oregon's Willamette Valley wine country. Couples can hike short trails on the property or take advantage of the area's vast hiking opportunities, including a 9-mile country trail winding through amazing foliage and wildlife. Guests may also enjoy the tastes of the region at the resort's signature restaurant, which offers local and seasonal ingredients and an extensive wine list with more than 800 choices. (877) 294-2525; theallison.com

5. ASPEN, COLORADO

With its new private bath service, Hotel Jerome offers a personal therapist to draw a bath, and provides you with an option of three therapeutic bath salts or Argan bath oil. A fruit plate is also provided along with any other food and beverage item. Also enjoy one of Hotel Jerome's many Auberge Adventures, Night Rafting and Private Beach Dinner. You'll appreciate the allure of the great outdoors with a scenic evening float trip in the beautiful Colorado Rockies. Begin vour adventure in the late afternoon with a short transfer to the river, and take in the scenery, wildlife and setting sun. Arrive at a private beach area adorned with tiki torches, and enjoy a gourmet dinner made by your private chef. At the conclusion of dinner, guests will board the rafts again, but this time with night vision goggles to experience the water and wildlife by night. (970) 920-1000; hoteljerome.com